

## *Dance Trix Covid Guidance*

We are proud to say that we have full confidence that our premises are Covid-Secure and have worked very hard and closely with an external assessor to ensure this.

Please note, whilst some of the following may sound rather serious, rest assured that we will still make classes a welcoming, fun and friendly experience for our students- both children and adults. We have an honest and open dialogue with the children who have an excellent understanding of the some of the changes we've had to make for now.

### *How are WE ensuring that we are Covid-Secure?*

- The studio is equipped with a particular type of ventilation called Supply and Extract which we are very fortunate to have. This means that a steady flow of fresh, outside air is brought into the building, whilst extracting the stale air. We also have windows and large studio doors which can be left open to help improve the ventilation. This exceeds the requirements for an indoor studio to reopen and keep our students and their families safe.
- We have introduced gaps between all classes to enable us to clean the studio and ensure that student crossover in the waiting area is kept to an absolute minimum. We also have dividers in place to help keep students separate where necessary and separate entrance / exits to the main studio from the foyer.
- Markers will be used throughout the studio to ensure social distancing amongst students. It goes without saying that we won't be encouraging holding hands, or contact in dances, but will be very creative with our teaching and choreography. As mentioned above, our class sizes have been made even smaller – we have agreed a maximum capacity in the main studio of **10 people per class**. This does actually allow students more space than the government say is necessary to socially distance, but we really don't want students to feel restricted with their movement.
- Arrangements are in place to ensure that toilets are cleaned frequently after use and we would ask that parents only use the toilets if unavoidable.
- All Dance Trix representatives have completed up to date Covid training and renewed our First Aid certificates in line with the current guidance. As such, we do have PPE on site should we need to administer first aid (or other situations that may unexpectedly require PPE).
- We have invested in stools in the toilets to help our younger students with getting on and off the toilets and using the sinks independently.
- There are fixed automatic contactless hand sanitisers at the entrance to the building and the main studio. Students will be asked to sanitise their hands on arrival to and exit from class. Pedal bins and tissues will be located around the studio to enable everyone to 'catch it, bin it, kill it!'
- There will be friendly signs around the studio to remind everyone of these important hygiene practices.
- If anyone does need to borrow shoes or uniform, this is still available but after use will be left for 72 hours / fully cleaned before loaning to anyone else.

### *What do we need YOU to do to help us ensure that we are Covid-Secure?*

- Children who attend lessons independently will need to be dropped at the main studio entrance in the designated time frame. There will be markers and signage outside the studio to help ensure social distancing- please do not gather at the studio entrance.
- For children aged under 18, parents/guardians will be asked to verbally confirm that their child is not showing any Covid-19 symptoms. Adult dancers will be asked to confirm this themselves. It goes without saying, but please do not come to the studio if anyone in your household is showing symptoms or you or your child have been asked to self-isolate.
- We are sorry but we cannot allow waiting in our lovely waiting area at the moment. We have explored the area and there is a café 2 minutes away, as well as a garden centre, Sainburys, Matalan, Costa, McDonalds etc. less than five minutes' drive away from the studio.
- Please can we ask that personal belongings are kept to a very minimum in the studio and please do refrain from bringing along large bags wherever possible.
- If you do need to speak with any one of us, collect anything, or have any enquiries, a member of the team can be available (with a Perspex screen) - this can be arranged by messaging in advance or ringing the video doorbell and checking it is a suitable time to come in. In line with track and trace, we will need to note down names and contact details of anyone who enters the studio, so please do ensure that we have your most up to date details.
- Please do ensure that students are wearing suitable and appropriate dance shoes. Unfortunately at present, we are unable to allow dancing barefoot within the studio. New students will be advised which footwear will be best.
- We are used to helping students with zipping hoodies, tying tap shoes and pulling on leotards (pre-Covid!) and it pains us that we just cannot do this at the moment. Therefore, please could we ask the following to help make this all easier:
  - Please could you work with your child to practice doing up hoodies, taking off cardigans (no double knots!) and getting their leotard up and down in case they need the toilet. We have become pretty good at guiding children through this at a distance as well, so please don't worry, they wouldn't be left struggling.
  - For any children who are unable to tie their shoe laces, we advise replacing the laces with elastics which are either tied or sewn together. This means they can easily slip their tap shoes on / off.
  - For our younger students, we'd be grateful if parents could check at the start of the lesson if their children need to go to the toilet, as a 'family unit' can stay together and so a quick accompanied toilet visit would be fine at the start of the class.